



Orange County EMT  
26489 Rancho Pkwy South  
Lake Forest, CA 92630

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## **Trauma Assessment**

### **1. Primary Assessment**

- a) Delegate Manual Stabilization
- b) Delegate Bleeding Control: Tourniquet
- c) Delegate Vitals
- d) Delegate O2
- e) Assess: Responsiveness, Circulation, Breathing, Airway
- f) Manage Airway: Adjuncts and BVM if needed

### **2. Rapid Trauma Assessment**

- a) Head to Toe Survey: Stop only to control life-threatening injuries
- b) You MUST palpate the WHOLE body: Be systematic
- c) Strip and Flip: Critical Trauma only, use judgment
- d) Assess for: DCAPBTLS
- e) Before checking back: Set backboard next to patient so you can check their back and then roll them onto board

### **3. Treatment Plan**

- a) Splinting
- b) Bleeding Control: No life-threat
- c) Occlusive/Semi-Occlusive Dressings
- d) O2 if not done already
- e) Hospital Destination: Trauma Center, Burn Center, Neuro Center

### **4. En-route to Hospital**

- a) History, Allergies, Medications
- b) Reassess Vitals: 5m
- c) Reassess Secondary: More thorough, not rapid
- d) Be ready for changes in status and be prepared to treat them